

# Life hack.

META Teletherapy.

meta

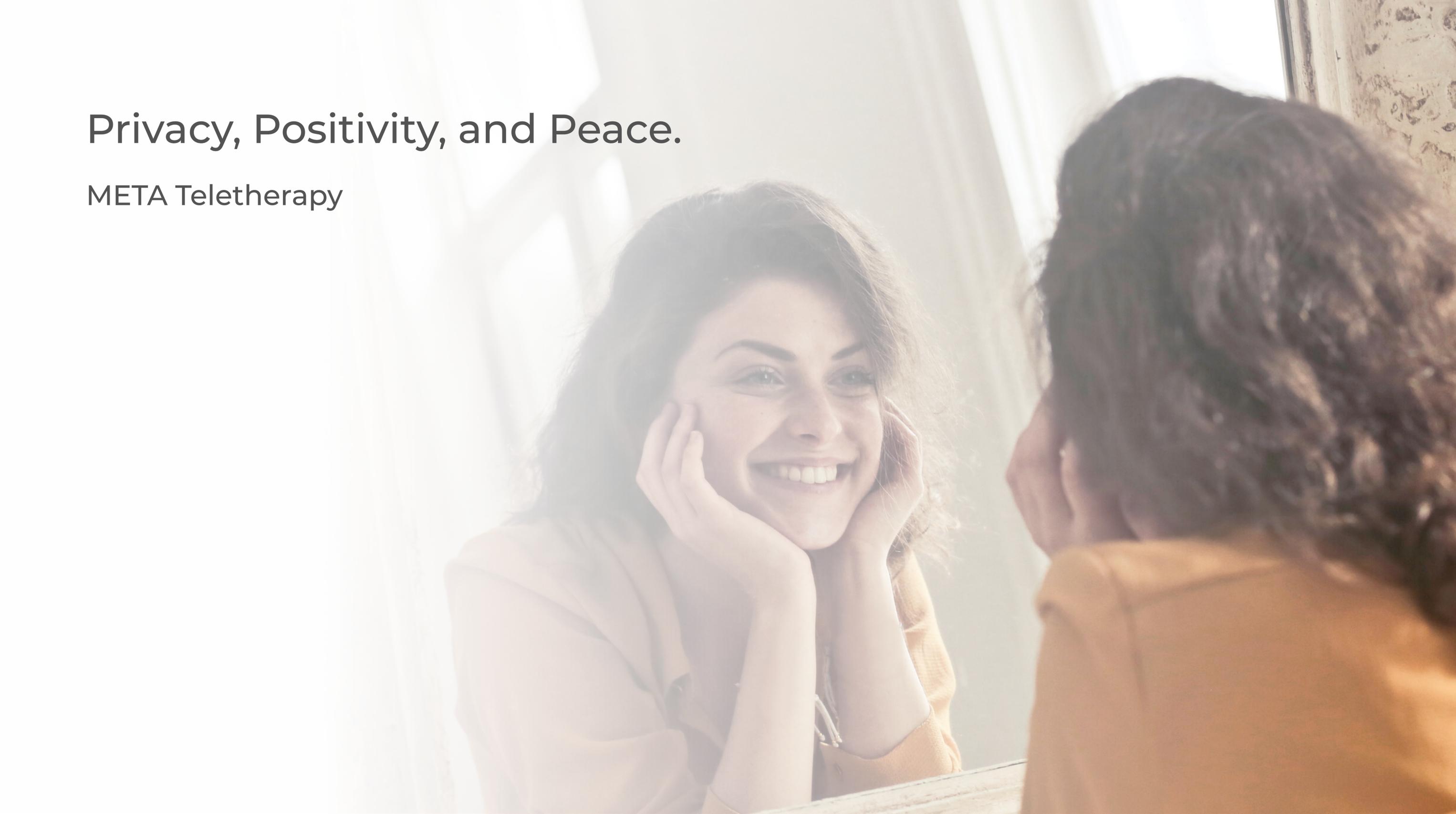
Too busy to make time for counseling? Consider META your “life hack.”  
Get META and connect to a network of licensed counselors in minutes for easy teletherapy via phone, chat, or video.

[meta.app/students](https://meta.app/students)



# Privacy, Positivity, and Peace.

## META Teletherapy



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It doesn't matter if you're 18, 28, or 58 years old –attending college is a transition period in your life. META provides a private way to receive counseling for students of all types. We'll help you through this, no one else needs to know.

[meta.app/students](https://meta.app/students)



# All of the privacy, none of the stigma.

META Teletherapy



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You're entitled to your privacy, and META was built with your privacy in mind. Connect to a teletherapist through the app from the privacy of your mobile device.

[meta.app/students](https://meta.app/students)



# Unfrown. Get META.

meta

We all feel down from time to time. But if you've been unhappy for while, it may be time to talk about it. META offers the help you want with the privacy you need. Download the app today to access a network of private teletherapists.

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**Don't let stress win.  
Get META.**



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You're more than a student. You're an employee, a sibling, a spouse, a parent, a child, a friend. It can become easy to starting losing to the stress. Don't let stress win. Get the META teletherapy app and connect with a licensed professional for confidential counseling today.

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**First you META,  
then you smile.**

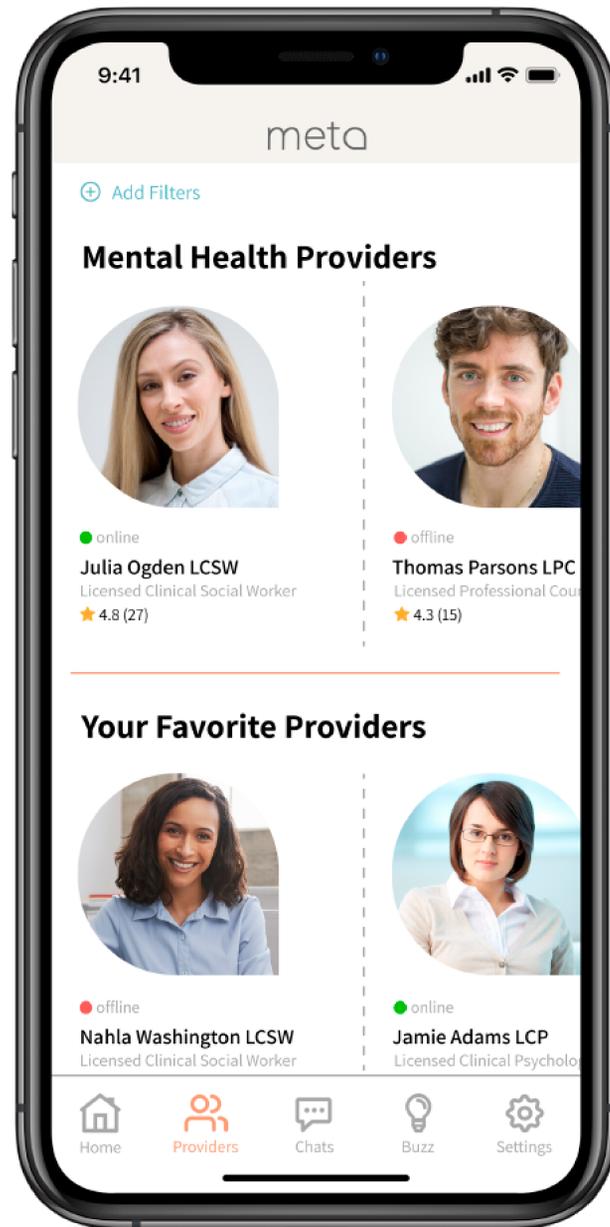
Do you META?

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META is the first and only teletherapy app designed specifically for college students. Our platform is built to accommodate you and your life. Do you META?

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**It's your choice.  
Pick any therapist you like.**

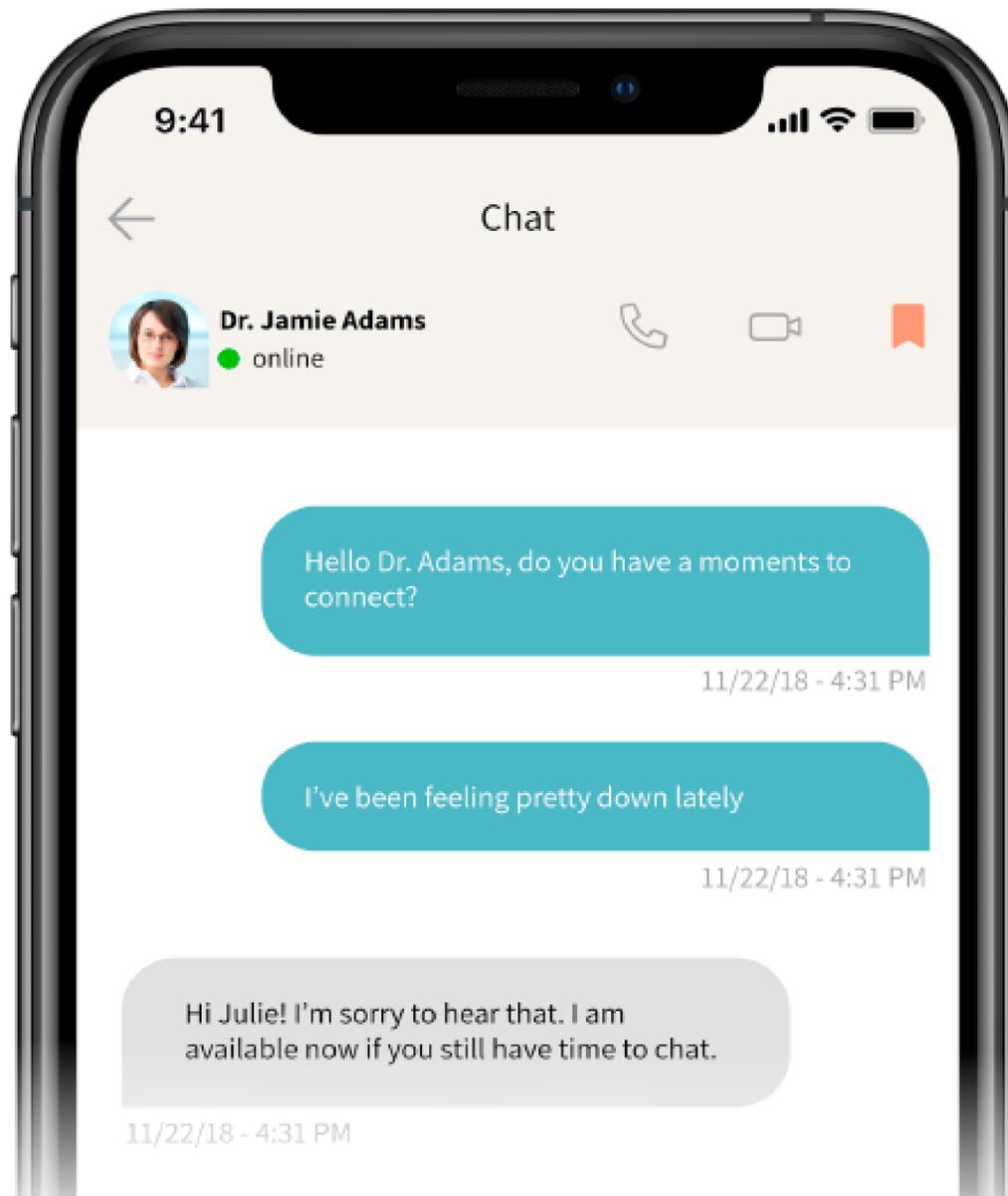
META Teletherapy

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Research has shown that therapy is more successful when you're working with a provider you like. With META, you choose your own provider, with the freedom to find a new provider if you want.

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**Because sometimes you can't wait to talk.**

META Teletherapy

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It's a Friday night and you've just failed your exam, your significant other cheated on you, and your family dog died. Can you really wait until Monday to talk to someone? META has providers online, ready to connect on your schedule. Because sometimes you can't wait to talk.

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