**Copy #1 – General Issues**

People are always complaining to me about how stressed out they are, how they're depressed, how their girlfriend or boyfriend doesn't listen, or how annoying their family is.

And I always tell them, "You should talk somebody. Seriously."

And they're like, "What? You mean a therapist? I'm not that crazy."

And that's when I tell them about META Teletherapy.

It's an app on your phone. It's free to use for all students. It’s totally confidential.

META connects you with licensed counselors for private video calls.

And the counselors are awesome. They know exactly what you're going through.

Try it out at no risk -- you can choose your own counselor, and the costs are covered by the school.

Download META today by going to meta dot app slash students.

That’s m-e-t-a dot a-p-p

Be sure to include the school’s name when creating your profile.

Once again, go to meta dot app slash students to download META.

**Copy #2 – Depression**

Did you know that forty percent of college students screen positive for depression?

And did you know that only half of students who screen positive for depression receive any type of counseling for it?

Depression sucks. It’s not a choice. You can’t just hope it goes away on its own.

If you’re listening to this, and you or someone you know is depressed, you should know that META Teletherapy is now available.

It’s a free app just for college students that connects you with licensed counselors for private video sessions and the costs are covered by your school.

You download the META app. You pick any counselor you want and send a chat to set up a session. It’s easy.

Don’t let depression stop you from living your life. Download META today by visiting meta dot app slash students. That’s m-e-t-a dot a-p-p

**Copy #3 – Access**

Do you know the top three barriers that keep people from seeking mental health counseling?

They are “not enough time,” “too expensive,” and “not sure where to go.”

Well, let me tell you about META Teletherapy.

It’s a free app on your phone just for college students, and it breaks all the barriers stopping you from counseling.

Once you download the app, you can send a message to any counselor you want and schedule a counseling session whenever you want, including evenings and weekends.

Best part is that counseling costs are covered by your school.

There’s really no excuse. Your mental health is worth trying out a free app.

Just go to meta dot app slash students to download it today. That’s m-e-t-a dot a-p-p.