

Free Counseling.

META Teletherapy

meta



Free private sessions - choose your own counselor

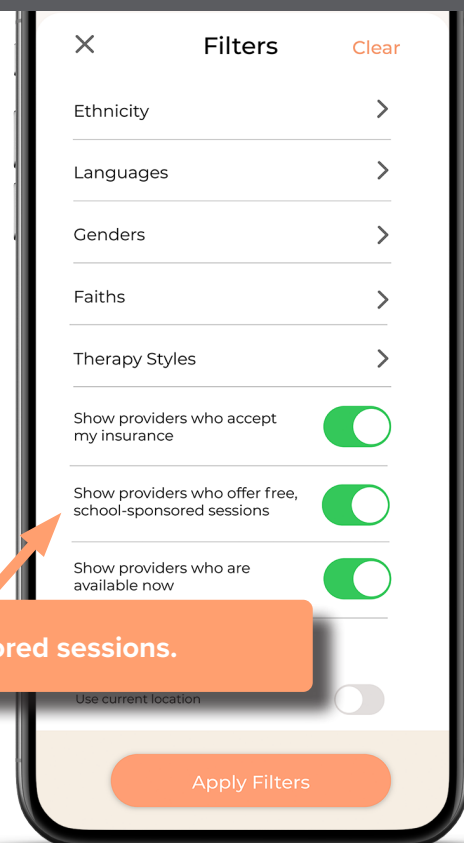
LeMoyne-Owen College is covering your counseling costs on META

Your mental health matters, especially while in school. Talking to a licensed counselor can help you cope with any emotional turmoil you're experiencing, including feelings of isolation, depression, stress, and anxiety. **LeMoyne-Owen will cover the costs for a limited number of sessions with META providers.**

Download the free app today to get started: meta.app/students.



Use the advanced filters to show providers offering school-sponsored sessions.



LeMoyne-Owen
COLLEGE

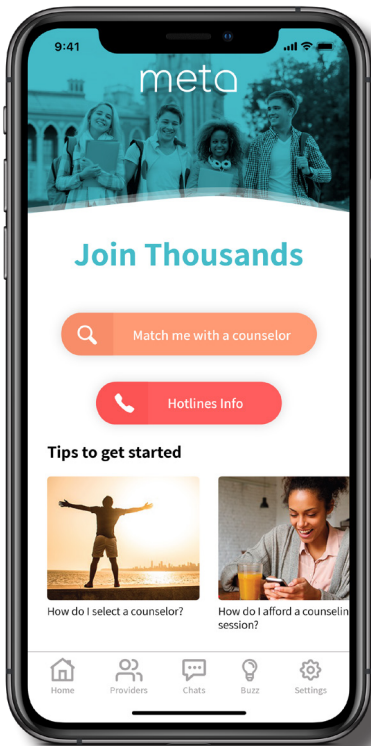
meta.app/students | 833-844-META

How META Works

1

GET THE APP

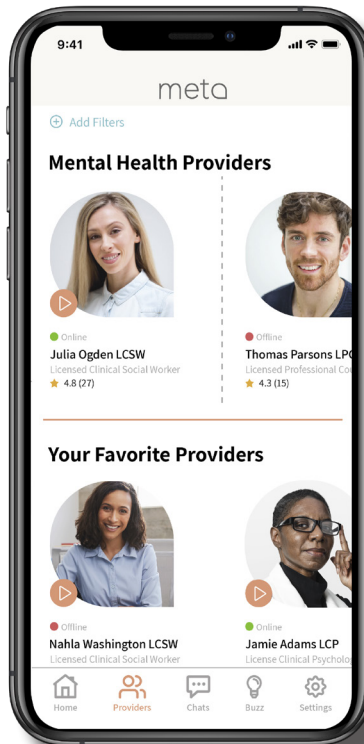
Include LeMoyne-Owen College in your profile to qualify for free sessions.



2

CHOOSE A COUNSELOR

Filter a network of licensed counselors by gender, language, therapy style and more.



3

START A DIALOGUE

Connect with your counselor over chat, video, or voice call through the privacy of your phone.



 Search "META Teletherapy" in your app store to download



Your privacy is protected end-to-end.
No one can access your personal information without your consent.

You're not alone - try META today.

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