

Private Counseling.

META Teletherapy

meta
students only, please!



Free private sessions - choose your own counselor

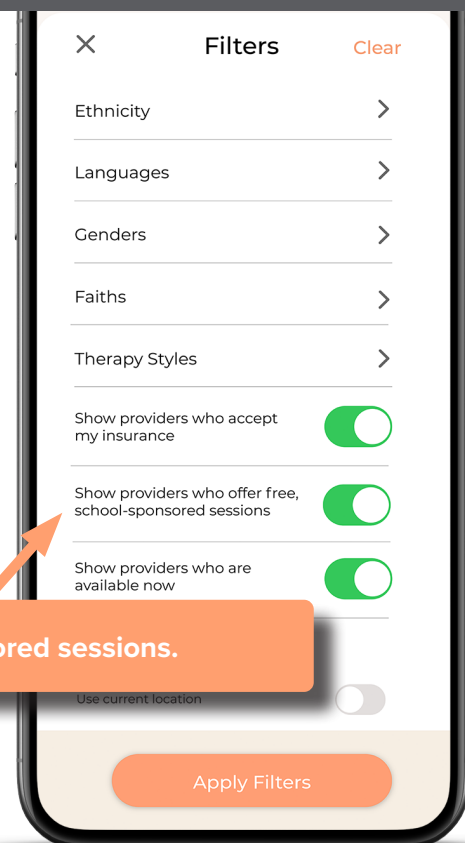
Richland Community College is covering your counseling costs

Your mental health matters, especially while in school. Talking to a licensed counselor can help you cope with any emotional turmoil you're experiencing, including feelings of isolation, depression, stress, and anxiety.

Richland will cover the costs for a limited number of sessions with META providers. Download the free app today to get started: meta.app/students.



Use the advanced filters to show providers offering school-sponsored sessions.



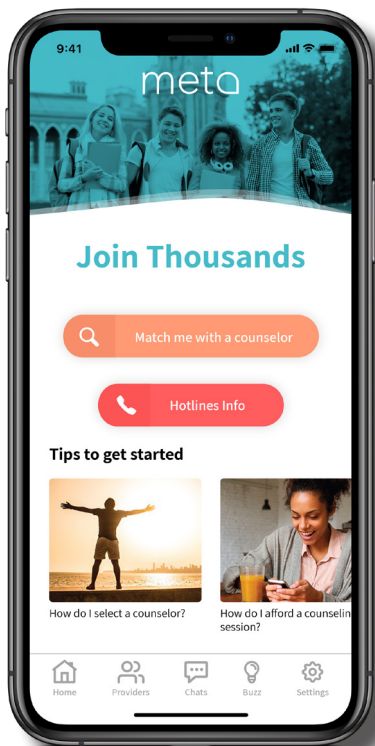
meta.app/students | 833-844-META

How META Works

1

GET THE APP

Include Richland Community College in your profile to qualify for free sessions.



2

CHOOSE A COUNSELOR

Filter a network of licensed counselors by gender, language, therapy style and more.



3

START A DIALOG

Connect with your counselor over chat, video, or voice call through the privacy of your phone.



 Search "META Teletherapy" in your app store to download



Your privacy is protected end-to-end.
No one can access your personal information without your consent.

You're not alone - try META today.

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