



meta

META makes it easy for students to access online counseling.

What is META?

META is a mobile app that easily connects you to your choice of licensed professionals.

How does it work?

- Get the app
- Choose a provider
- Connect via chat, video, or phone
- Pay by insurance or out-of-pocket

Where do I get it?

Android or iOS app stores



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Take control



Flexible

Counseling on your schedule



Professional

Your choice of licensed professionals



Confidential

Sessions are completely private



Affordable

Pay out-of-pocket or use your insurance plan

Download the app today



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