

Mental health is health.

meta



Counselors are available and accepting new clients.

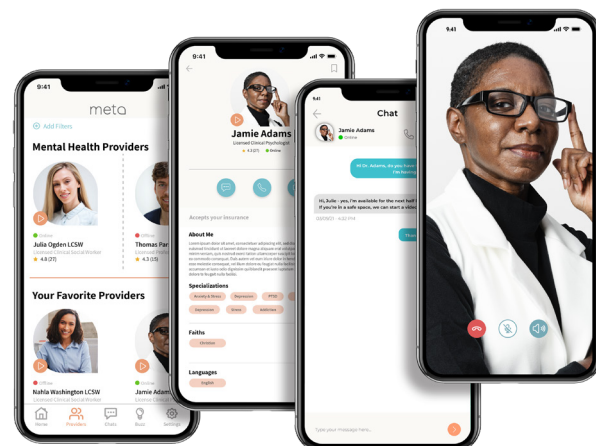
All Keiser University Students Have Access to Mental Health Support on META.

Your mental health matters. Talking to a licensed counselor can help you cope with any emotional turmoil you're experiencing, including feelings of **depression, stress, and anxiety**.

The META Teletherapy & Wellness app connects you to a network of available licensed counselors accepting new clients.

It's easy to get started:

1. Download the free app: meta.app/students.
2. Include "Keiser University" in your META profile
3. Connect to a counselor of your choice for private, secure counseling sessions.



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